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THE NEWSLETTER OF WWW.DONTFIXIT.ORG
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Vasectomy on Trial

Kevin Hauber's lawsuit against the urologist who performed his vasectomy in 1999 which has left Kevin in chronic pain ever since goes to trial on June 16, 2003 in San Luis Obispo, California Superior Court. As many others have experienced in attempting to use the legal system for this purpose, there have been numerous delays and tactics used by the doctor's defense lawyer to try to drag the case out and wear down Kevin's resolve. What has become apparent in this case is that this is not just a patient suing a doctor, but a patient pitted against an entire insurance company, making the battle all the more difficult. If you would like to offer your support with statements about the value you have received in having the information on the www.dontfixit.org web site available to you, or if you have information based on your experience with the legal process, you can send an email to kevin@dontfixit.org. Prayers would be appreciated.

Also, if you have any media contacts that are interested in the story, please let us know.

PVPS Patient in Florida Needs Referrals

Eric is new to the subscriber list at dontfixit.org and needs to find a medical provider in the Northern Florida or Southern Alabama area to work with who is proficient at treating PVPS. Please offer any suggestions to him by email at Eric3a@newsguy.com and copy the information to Kevin at kevin@dontfixit.org so the provider(s) can be added to the referral list on the web site. Our best wishes and prayers go out to you, Eric!

Carolyn Braddock to Offer Couples Workshops

Has your post-vasectomy experience caused stress for you and your spouse? Since this is undoubtedly the case, it is advisable to work with a professional who can help you sort out the many issues that arise with chronic pain and the other common results of the procedure. No counselor is better at this than Carolyn Braddock, who specializes in working with individuals who have experienced various forms of sexual trauma. Here is the information on her upcoming workshops:



The Braddock Body Process®

SMALL GROUP RETREATS/INTENSIVES

JUNE 19-22 and JULY 24-27

These 4-day workshops begin on Thursday morning and end on Sunday afternoon. The workshops are for those who wish to further empower themselves *personally and professionally*. Some of these groups have a specific focus. Within the structure of a small select group, usually 7-9 people, each individual sets a goal or has a specific topic of interest to explore during the 4 days. The focus of this work, the Braddock Body Process, is on a body-centered approach: using *breath, sound, and Tai Ji movement and meditation*. The work is based in the ancient art of Tai Ji philosophy and movement, therefore concentrating on the body as a whole. The body awakens, as does the mind and spirit. Tai Ji is also used to treat a variety of health issues, and relaxes the body. What an incredible sense of freedom to move from the center, a deep place inside the body, listening carefully to the great wisdom that our many “*body voices*” have to tell us! Music, and musical expression, creative arts, cognitive exercises, body dialogue, and the natural environment, are an integral part of the 4 days.

The participant can explore, identify, experience, process, and release old self-limiting beliefs and behaviors, and learn body-centered interventions. This means learning to recognize the connection between words that are spoken and the non-verbal response in the body. These are the many “body voices”, which are distinctive patterns in the way a person breathes, moves and makes sound. *Listening to these “body voices” facilitates the next stage of growth by integrating body, mind, and spirit*. The individual focuses on creating a renewed balance and leaving with a “tool box” of ideas for stepping forward to create new possibilities in life. On top of Meditation Mount, a sacred place with a spectacular view of the valley, participants enter into the process of inquiry, and journaling, in order to deepen the exploration. *This can be a life changing four days, finding the spirit, voice, and coming home to the body!*

A “team” joins me, and depending upon the workshop, includes Dr. Tony Allina M.D. who teaches Autogenic Training/Somatic Meditation, Music Therapists, Doris Green, who teaches Qi Gong and Alexander Bodywork, and Virginia Lee, Yoga, Massage, and Life Coaching, and others. Scholarship money may be available!



The Braddock Body Process®

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Carolyn J. Braddock is an educator, consultant, minister and author of *Body Voices: Using the Power of Breath, Sound and Movement to Heal and Create New Boundaries*. Although her specialty is working with emotional, physical, and spiritual trauma, she also works with life's general concerns, including: career transition (who am I and where am I going?), illness, loss, accidents, addictions, body image, sexuality, relationships and more. She works extensively with those who are physically impaired as a result of body trauma, such as accidents or surgeries.

Carolyn's purpose is "*being with people in their healing on a deeper level, using breath, sound, and movement to incorporate the emotional, physical, and spiritual body*". The Braddock Body Process is a body-centered approach based in the ancient art of Tai Ji and Qi Gong philosophy and movement. The use of music and musical expression are an integral part of her process. Carolyn invites individuals to enter deeply into the mystery of the mind/body/spirit connection. Creative arts exercises, and body dialogue, are also an essential part of the work. Individuals learn "tools" to identify the many "*body voices*", which are distinctive patterns in the way a person breathes, moves and makes sound. Listening to these body voices facilitates the next stage of growth by integrating body, mind, and spirit.

Carolyn offers the Braddock Body Process workshops, retreats, intensives, and consultations with individuals, groups, families, and businesses. Her center is in Ojai, California, where she is joined by a "team" of other professionals. She travels nationally and internationally presenting her work. Additionally, Carolyn has contributed a chapter in *Getting in Touch: A Guide to Body-Centered Therapies*. (Editor: Christine Caldwell, Quest Books, 1997)